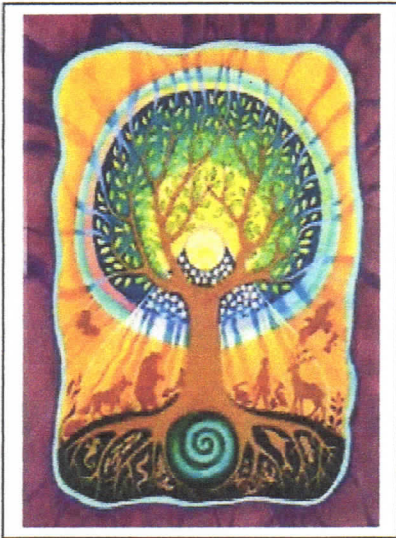


WORKSHOP: BASIC INTRODUCTION TO SHAMANIC TRAVEL

"In many shamanic societies, if you came to a medicine person complaining of being disheartened, dispirited, or depressed, they would ask one of four questions: When did you stop dancing? When did you stop singing? When did you stop being enchanted by stories? When did you stop finding comfort in the sweet territory of silence?"



October 28, 2017

From 10:00 AM to 4:00 PM

Please sign in by 9:30 AM, the workshop begins promptly at 10 AM

Fee is \$60 when signing up before October 1; or \$65 after October 1, 2017

Fee is \$55 or \$60 for church members

*\*Prepayments are not refundable unless a replacement can be made\*  
Registration Deadline is October 15, 2017*

Learn this very basic, mini introduction to shamanic work as taught by Shannon Hall Walker, a medium, healer, and student of the Foundation for Shamanic Studies.

In this experiential workshop participants will be taught how to use drums to alter the ordinary state of consciousness with the endeavor traveling to the non-ordinary reality known as the lower world. Particular emphasis is on problem solving and healing. Participants are introduced to core shamanism (as developed by Michael Harner, founder of the Foundation for Shamanic Studies), which are common methods used for the classic shamanic journey. Methods are taught to meet and study with each participant's own individual spirit helpers to learn how to restore spiritual power and health.

*Each participant can anticipate working alone and with a partner.*

*This workshop is intended for those who want to help bring strength & power to themselves and others.*

**What to Bring:** A rattle or drum if you have one. Dress comfortably with warm socks. **Bring** a bandanna, a cushion or yoga mat, a blanket, a rough-surfaced rock approximately the size of a grapefruit, a pen and notebook to record your journeys. A lunch break of between 60-90 minutes will be part of the day's activities. Bring a lunch if you like.

**Suggested Reading:** The Way of the Shaman by Michael Harner, Cave and Cosmos: Shamanic Encounters with Another Reality by Michael Harner

Please Complete and Return to:

**The First Spiritualist Church of Willimantic**

268 High St, Willimantic CT 06226

Attn: Shannon Hall Walker

Fee is \$60 signing up before October 1; or \$65 on October 2 for non-members

Fee is \$55/\$60 for church members

*\*Prepayments are refundable if a replacement can be found\**

*Registration Deadline is October 15, 2017*

Name of Registrant: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

I  am

I  am not a member of the church

Amount Enclosed: \$ \_\_\_\_\_